

# 2018 Transplant Nurses Association National Conference

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**'The Future is Now: Aspire, Achieve, Advance'**



## 4Ds: Managing Impact of Mental Health Issues in Heart and Lung Recipients

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### **Biography:**

*Prof Kay Wilhelm is the clinical lead for Liaison Psychiatry at St. Vincent's Hospital, Conjoint Professor of Psychiatry at UNSW and Professor of Psychiatry at Uni of Notre Dame Sydney.*

*She has published over 250 papers and book chapters, mainly related to depression, suicidality, smoking cessation and brief interventions to improve wellbeing in the context of medical illness. At St Vincent's, she has worked collaboratively heart and lung transplant and diabetes and Intensive Care teams.*

The 4 Ds of depression, delirium, disordered personality and disordered cognition all have potential for very significant impacts at points along the transplant journey.

We describe some recent research into the mechanisms, how the 4Ds impact on medical outcomes, and how the SVHS Liaison Psychiatry team works with the heart and lung transplant teams.

We will then make some recommendations for future developments.